
Presvytera Michelle's Resource Pages for Clergy

Organizing the Move with Checklist Apps

- *MyMove <https://www.mymove.com> -A comprehensive moving app that offers a customizable moving checklist, moving tips, and a home inventory feature that allows you to create a detailed inventory of your belonging by scanning barcodes or manually entering items.*
- *Sortly <https://www.sortly.com> -An organizing app that can be used for moving as well, even offering the ability to add photos and generate QR codes for your items.*
- *MoveAdvisor <https://moveadvisor.com> -A user-friendly app that lets you plan your move. The checklist allows you to track your progress and also offers a barcode scanning feature to create an inventory list.*

- *Six Weeks before the move:*
 1. *Begin gathering packing supplies such as boxes, tape, bubble wrap, and markers.*
 2. *Start packing non-essential items.*
 3. *Notify utility companies about your move and schedule disconnections or transfers.*
 4. *Inform the post office of your new address and arrange mail forwarding.*

- *Four Weeks before the move:*
 1. *Notify important parties of your change of address: banks, insurance providers, subscriptions, etc.*
 2. *Arrange for school or medical records to be transferred if necessary.*
 3. *Create an inventory of valuable items for insurance purposes.*

- *Three Weeks before the move:*
 1. *Contact your new town's local authorities for information on permits, parking, etc.*
 2. *Confirm the details with your chosen moving company or truck rental.*
 3. *Start packing items you don't use daily, labeling each box with its contents and intended room.*

- *Two Weeks before the move:*
 1. *Schedule a final walk-through with your landlord or real estate agent (if applicable).*
 2. *Arrange for the transfer or cancellation of internet, cable, and other utility services.*
 3. *Begin packing essential items, leaving only the necessities for the last few days.*
 4. *Eat down all frozen and refrigerated food supplies; save pizza night for moving days.*

Countdown checklist P. 2

- *One Week before the move:*
 1. *Get your car serviced for the move*

2. *Confirm the date and time with your moving company or truck rental.*
 3. *Pack a suitcase with essential items you'll need during the first few days at your new home.*
 4. *Clean and defrost your refrigerator, freezer, and other appliances if necessary.*
 5. *Confirm travel arrangements if moving long-distance.*
- *The day before the move:*
 1. *Pack a "moving day" box with essentials like toiletries, snacks, and a change of clothes.*
 2. *Disconnect and prepare major appliances for the move.*
 3. *Double-check that all boxes are labeled and ready for transport*
 4. *Get a good night's sleep!*
 - *Moving Day:*
 1. *Take inventory and note any damaged or missing items during the loading process.*
 2. *Lock up your old home and hand over keys as required.*
 3. *Keep important documents, valuables, and medications with you during the move.*
 4. *Arrive at your new home and oversee the unloading process.*
 - *After the Move:*
 1. *Check that all utilities are functioning properly in your new home.*
 2. *Start unpacking and organizing one room at a time.*
 3. *Update your driver's license, vehicle registration, voter registration, and post office with your new address.*
 4. *Explore your new town and take note of important locations like hospitals, grocery stores, and your new church.*

Pre-Moving Consolidating

- *Begin by decluttering your belongings*
- *Sort your items into 3 categories: keep, donate/sell, and discard*
- *Sell:*

1. *Craigslist* is a popular online platform where you can list and sell a wide range of items, including household goods and furniture. Targets buyers in your local area.
2. *Facebook Marketplace* is a convenient and widely used platform for buying and selling items within your local community.
3. *LetGo* is a user-friendly app and website that enables you to sell various items including household goods and furniture. You can communicate with potential buyers through the app or website.
4. *OfferUp* is another online platform similar to LetGo.
5. *NextDoor* is a neighborhood-based social networking platform that connects you with people in your community.
6. *FreeCycle* is a non-profit network that promotes the reuse of items to reduce waste. You can give away goods to people who need them.

- **Donate**

These charities often accept donations of large items: Goodwill Industries, The Arc, Furniture Banks, The Salvation Army, Vietnam Veterans of America, AmVets, Big Brothers Big Sisters, Habitat for Humanity ReStore, Furniture Banks, and the Lupus Foundation. Sometimes you can schedule a pickup. See each website for donations guidelines. Habitat and the Arc resell items to support their missions of building affordable housing, and advocacy and support services for individuals with intellectual and developmental disabilities, respectively.

- **Clean/discard**

1. *Professional carpet and home cleaning*
2. *Contact the town bulk waste garbage collection service to haul away any debris*

Moving Prayers

Prayer for Peace:

"Heavenly Father, as we step into this new chapter of our life, I pray for Your peace to fill our hearts. Calm my anxieties and grant me the assurance that You are with me every step of the way. Let Your presence be a source of comfort and strength as I embrace new experiences. For You are the source of every blessing and we give

thanks to You, Father, Son, and Holy Spirit, now and forever and to the ages of ages. Amen."

Prayer Before a Journey:

"O Lord our God, as You led Your servant Abraham out of the land of Chaldeans, keeping him safe in all his travels, so also accompany Your servant (name) on this journey. Protect them from all danger, harm, and accident, and lead them safely to their destination. Guide their steps, grant them a peaceful and joyful journey, and bring them back home safely, filled with gratitude for Your mercies. For You are a loving and compassionate God, and to You we offer glory, Father, Son, and Holy Spirit, now and forever. Amen."

Prayer to the Mother of God:

"O Most Holy Theotokos, watch over and protect my child with your maternal love. Surround them with your heavenly grace and intercede for them before your Son, our Lord Jesus Christ. Keep them safe from harm, both physical and spiritual, and guide them in the ways of righteousness. Amen."



Pack the Car

- *Lock your documents in your car before the movers arrive! (passports, ID documents, insurance papers, any necessary paperwork.)*
- *Pack a backpack for each person, and lock these in the car too. This should include a few changes of clothing, sleepwear, travel-sized toiletries, personal hygiene items and medications, towels*
- *Keep a few trash bags in the car, along with Kleenex and paper towels.*

- *Electronics for entertainment during a long drive including smartphones, tablets, chargers, and headphones.*
- *Snacks and water.*
- *A small cooler for extra water.*
- *Comfort items: stuffed animals, blankets to help each person feel at ease.*
- *First aid, flashlight, or any other items that may come in handy.*
- *Label each backpack to avoid confusion.*
- *Map out attractions such as national parks, playgrounds, or fun restaurants to experience en route.*
- *Stay at family-friendly hotels that provide free breakfasts, swimming pools, and laundry on site.*

Unpacking

- *Prioritize the childrens' belongings. Set up their rooms first. Involve them in the process of making their own choices. Create a familiar sleeping area. Set up a play area in the home.*
- *Explore the neighborhood with the children.*
- *Maintain routines*
- *Be patient and supportive!*
- *Engage a professional plumber to set up the washer and dryer, if you have moved these with you.*
- *Have the locks changed at your new home.*
- *Remove cardboard boxes ASAP.*

Connecting

- *Explore local clubs and organizations in your family's areas of interest.*
- *Get involved in PTO if your children are in school.*
- *Create a neighborhood scavenger hunt to explore fun things to do.*
- *Join community service organizations.*
- *Consider organizations for your hobbies, such as gardening, music, Legos.*
- *Online resources, ie Facebook for newcomers and residents*
- *Town Meetings*

"O Saint Spyridon, shepherd of Christ's flock, we humbly ask for your prayers and protection for our child. Shield them from all harm and surround them with your heavenly grace. Guide them in the path of righteousness and help them to grow in faith and holiness. Amen."

Prayer for Courage: "God of courage, as I face new challenges and uncertainties, I ask for your strength to overcome my fears. Grant me the courage to step out of my comfort zone, to embrace new experiences with confidence, and to trust in your providence. Amen."

Prayer for Guidance: "O Lord, as I embark on this new journey, I humbly ask for your guidance and wisdom. Illuminate my path and grant me the discernment to make choices that align with your will. Help me to embrace new experiences with faith and courage. Amen."



Other Helpful Resources

- *UHaul: has UBox containers that you can pack and load yourselves. They provide transportation services for interstate moves.*
- *PODS: a popular choice for self-pack container moves. They deliver a portable storage container to your location, and you can load it at your own pace. They also handle transportation for long-distance moves.*
- *1-800-PACK-RAT: offers portable storage containers you can pack and load on your own, with services for local and long-distance moves.*
- *SMARTBOX: self-pack containers similar to PODS.*
- *Penske, Budget Truck Rental are reputable truck rental companies.*

- *Professional Moving Companies:*

1. *Get friends and family recommendations*
2. *Read online reviews*
3. *Verify standards*
 - ❖ *American Moving and Storage Association (AMSA) is a national trade association that represents the professional moving industry in the U.S. They certify moving companies that meet their high standards for professionalism and ethical business practices.*
 - ❖ *The Federal Motor Carrier Safety Administration (FMCSA) is a government agency that regulates interstate moving companies in the U.S. They oversee licensing and regulations, and maintain a database called the “Protect Your Move” program where consumers can check a company’s license and complaint history.*
4. *Request estimates: contact at least 3 moving companies and request detailed written estimates. Reputable companies will usually offer to conduct an in-person or virtual survey of your belongings to provide an accurate estimate.*
5. *Verify bonding. Bonding provides additional financial protection if issues arise during the move. Request proof of bonding and verify its validity with the bonding company!*
6. *Tip: Arrange for the movers to return and retrieve the moving boxes once you’ve unpacked and broken them down.*