

***NW Clergy Wives Peer Group Gathering via zoom
Monday, Sept. 11***

Opening Prayer:

“O Heavenly King, the Comforter, the Spirit of Truth, who art in all places and fillest all things, Treasury of blessings and giver of life: come and dwell in us, cleanse us from every stain, and save our souls, O gracious Lord.”
Lord, be with us as we gather today – We thank you for each and every one of our sisters who is part of our Clergy Wives Peer Group. Be with us, strengthen us, and guide our time together this evening. In the name of the Father, and the Son, and the Holy Spirit. Amen.

Share Quote:

“Let us consider how we might spur one another on toward love and good deeds. Let us not give up meeting together, as some are in the habit of doing, but let us encourage one another.” Hebrews 10:24-25

Introductions:

Name, where you live, years married

QUESTION: If you could instantly master any skill or hobby, what would it be and why?

What Is a Clergy Wife Peer Group?

Clergy Wife Peer Groups bring together small groups of clergy wives on a regular basis and with a trained facilitator to:

- Provide a sacred, trustworthy, confidential, and intimate space for mutual care, support, and accountability.

- Engage in reflection on the place of the clergy wife in the parish family and the unique challenges and opportunities we encounter.
- Promote spiritual, emotional, relational, and mental health, well-being, nurture, and growth.

WHAT A CLERGY WIVES PEER GROUP IS NOT:

- We will NOT be group that is problem-centered group trying to fix anything
- We will NOT be a “γκρίνια” or gripe group.

Creating our GROUP EXPECTATIONS & GUIDELINES

- Be Open and Curious
- Make your sharing brief /. Give everyone an opportunity to share
- If someone chooses to pass, that’s totally ok.
- Honor confidentiality
- No cross talk = we try not to give advice
- Share your experience with strength and hope

(invite others to share anything else they might want to add)

Pat shares:

When we gather, will engage with a wide range of topics, including:

- the sharing of childhood memories
- favorite biblical and patristic texts,
- experiences within family, work and parish life
- We will utilize video and audio clips, topical reflection questions, role playing, journaling, and a variety of other resources.
- All group members invited to offering stories, being listening partners, and creating cohesiveness and trust

NOTE: Prior to the meeting I sent out this clip for our sisters to watch and listen to the PART 2 of Brene Brown's talk: [ANATOMY OF TRUST](#)

During our meeting – I showed FIRST 6 minutes the same talk – [PART 1 ANATOMY OF TRUST](#)

Following launched Poll Questions

ZOOM POLL QUESTIONS:

On a scale of 1 to 5, with 1 being low and 5 being high, how would you rate the level of trust you currently feel within your parish and community?

1 (Low level of trust)

2

3 (Moderate level of trust)

4

5 (High Level of Trust)

Questions 2:

Which aspect of trust do you find most challenging to navigate as a presvytera?

1. Handling disagreements and conflict
2. Balancing privacy and transparency

3. Maintaining trust in personal struggles
4. Long-term relationship building
5. Coping with challenges within our parish

OPEN DISCUSSION: What are the qualities or actions that you believe make someone a "Marble Jar Friend"?

Can you share a specific experience where a friend demonstrated these qualities, and it deepened your sense of trust in the friendship?

Back up questions (We didn't get to)

Trust-building often involves vulnerability and the willingness to share our authentic selves. Can you recall a time when you took a risk by being vulnerable with a friend, and it strengthened your trust in each other? How did that experience impact your friendship?

PRAYER REQUESTS: (this is something I will add for next meeting.)

END WITH QUOTE and CLOSING PRAYER

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