

CPLG – Session #9 (Western Region) – February 28, 2019

Begin with the reading of the 3rd Hour or other prayer.

Display slide with group covenant as a reminder of what we agreed to do in group.

Distribute paper and pens for days journaling and reflection.

Check-in reflection questions (slide)

“Orthodox Rorschach Test” – with 11 slides

Lunch Break

View video *What Makes a Good Life* (13 minutes). Discuss video and reflection questions. (Slide)

Distribute excerpt from *Mountain of Silence* (pg 108) for reflection.

Reflection on Meat-Fare Sunday Kontakion/Oikos

Determine date and host for next meeting, including possible social/retreat setting. (topics that they hope to cover in the future?)

Closing prayer

Slide 1 – intro

Slide 2 – group covenant

Slide 3 – Check-in

Slide 4-14 - Rorschach pics

Slide 15 – Video *What Makes a Good Life*

Slide 16 - Video reflection/Journal questions

Slide 17 - Meat-Fare Kontakion/Oikos