

CPLG – Session #8 (Western Region) – December 4, 2018

Begin with the reading of the 3rd Hour or other prayer.

Display slide with group covenant as a reminder of what we agreed to do in group.

Distribute paper and pens for days journaling and reflection.

Check-in reflection questions (slide)

View video **Butterfly Story (5 min)**. Follow video with two slides: one for journaling reflection questions, and two, advice/suggestions from speaker

Lunch Break

View video **The 3 “C’s” of Pastoral Counseling** (6 min). Reflection questions on following slide: 1) Share a pastoral situation that involves one of the three “C’s”, and 2) What referral system/approach do you have in place?

Slide of Steven Muse quote on pastoral counseling

Slide for Meditation: St Barbara and St John of Damascus

Determine date and host for next meeting, (including topics that they hope to cover in the future?).

Closing prayer

Slide 1 – intro

Slide 2 – group covenant

Slide 3 – Check-in

Slide 4 – Video of **Butterfly Story**

Slide 5 – **Butterfly Story** reflection/journal questions

Slide 6 – **Butterfly Story** advice/suggestion from speaker

Slide 7 – Video of **The Three “C’s” of Pastoral Counseling**

Slide 8 – Reflection questions for The Three “C’s”

Slide 9 – Steven Muse quote on pastoral counseling

Slide 10 – Meditation: St Barbara and St John of Damascus