

CPLG – Session #7 (Western Region) – May 10, 2018

Begin with the reading of the 3rd Hour or other prayer.

Display slide with group covenant as a reminder of what we agreed to do in group.

Distribute paper and pens for days journaling and reflection.

Check-in reflection questions (slide)

Distribute and read article entitled **Seven Things You Should Consider Before Sliding Into The Big Seat**. After general discussion on the article, show slide on the seven steps. Which point(s) have you experienced in your leadership/ministry?

Slide with hymn from Matins Oikos (Resurrection)

Lunch Break

View video *The Science of Gratitude* (7 minutes).

Slides relating to Gratitude

Journal & Discussion: Who is the most influential (or important) person in your life?

Determine date and host for next meeting, including possible social/retreat setting. (topics that they hope to cover in the future?)

Closing prayer

Slide 1 – intro

Slide 2 – group covenant

Slide 3 – Check-in

Slide 4 – Seven Steps summary

Slide 5 – Matins Oikos Hymn from Resurrection

Slide 5 – Video *The Science of Gratitude*

Slides 6-12 – Slides relating to gratitude theme