

CPLG – Session #6 (Western Region) – February 15, 2018

Begin with the reading of the 3rd Hour or other prayer.

Display slide with group covenant as a reminder of what we agreed to do in group.

Distribute paper and pens for days journaling and reflection.

Check-in reflection questions (slide)

Take the online *Enneagram for Pastors quiz*, determining your pastoral style. After taking the quiz, discuss the results.

Lenten hymns for reflection (four slides)

Lunch Break

View video *Spiritual Direction in Early Christianity* (17 minutes). Distribute notes related to video. Discuss video and reflection questions. (Slide)

Distribute *Excerpts from The Spiritual Director: A Guide and Mentor* by Khalil Samara.

Determine date and host for next meeting, including possible social/retreat setting. (topics that they hope to cover in the future?)

Closing prayer

Slide 1 – intro

Slide 2 – group covenant

Slide 3 – Check-in

Slide 4 – Four Lenten hymns for reflection

Slide 8 – Video *Spiritual Direction in Early Christianity*