

## **CPLG – Session #3 (Western Region) – May 23, 2017**

Begin with the reading of the 3<sup>rd</sup> Hour or other prayer.

Display slide with group covenant as a reminder of what we agreed to do in group.

Distribute paper and pens for days journaling and reflection.

Check-in reflection questions (slide)

View *Millennials & Religion* clip (8:33); next slide are questions for reflection.

Self-care reflection questions (slide)

View *Doctors & End of Life Discussions* clip (8:33); next slide are questions for reflection.

St. Gregory the Theologian, *Easter Orations* (slide)

Determine date and host for next meeting. (topics that they hope to cover in the future?)

Closing prayer

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Slide 1 – intro

Slide 2 – group covenant

Slide 3 – Check-in

Slide 4 – *Millennials & Religion* video clip

Slide 5 – *Millennials & Religion* reflection questions

Slide 6 – Self-care reflection questions

Slide 7 – *Doctors & End-of-Life Discussions* video clip

Slide 8 – *Doctors & End-of-Life Discussions* reflection questions

Slide 9 – St. Gregory the Theologian, *Easter Orations*

## Doctors End-of-Life comments

**PERIYAKOIL:** Dying is not being in the ICU, 20 tubes coming out of you, beeping everywhere, family is outside, doctors surrounding with their computers. That's not what dying should be. Dying is a social, family, personal event. We really need to free dying from the hospital and take it back into the community where it belongs.

**PERIYAKOIL:** There is a tipping point in every illness, where the treatment becomes more burdensome than the disease itself. At which point you are keeping the body alive the person may not really recognize their family. They may not know who they are, they may never ever come back to the person they used to be, and at that point you have to pause and say, what am I doing here?

**SEVERSON:** It's not only the loss of dignity. The cost of end-of-life care is overwhelming our medical system.

**PIZZO:** It's not easy to sit down with family or a child who may face end-of-life and have that kind of honest dialogue. You need to be taught how to do that.

**PERIKYAKOIL:** It's truly a privilege to be there at the bedside of a dying patient and be there for the family. I've taken care of thousands of thousands of patients, and every single situation you learn something that you did not know before.

Millennials video – <http://www.pbs.org/wnet/religionandethics/2015/03/13/november-7-2014-millennials-religion/24527/>

End of life video - <http://www.pbs.org/wnet/religionandethics/2016/06/10/january-15-2016-doctors-and-end-of-life-discussions/28640/>